## **ORGANIZATION INFORMATION**

Complete this form by either filling in the information electronically or printing out the form and filling it in by hand. Answer each question completely. If you are not sending this form electronically, type or print clearly in ink. We prefer material submitted electronically.

However, if that is impossible, then you may submit by mail.

I.Legal Na	me of organization: Vilnius	Arch	diocese Cari	<u>as</u>		
	Child a	nd te	enager day c	entre Angel of F	<u>lope</u>	
Mailing	Address for Official Correspondence	onden	nce: <u>Odminiu</u>	st. 12, Vilnius L	T-01122 Lithu	ania
Email a	nddress: <u>vilties.angelas@cent</u>	ras.lt	_ Web addre	ess: <u>www.vilnius</u>	caritas.lt	
ASBL No.:		Exac	t Date estab	lished as an A	SBL:	
	title of Organization Contaction day centre Angel of Hope	ct Per	rson: <u>Jolita I</u>	Matulaityte, Hea	ıd of Vilnius Ar	chdiocese
Santao om	a day some ranger or mope					
Contac	t Person Email Address viltie	s.anç	gelas@centra	s.lt Contact Pe	rson Telephor	ne Number:
+370 5 262	<u>1519</u>					
Langua	ages Contact Person Can Spe	eak:		English [	☐ French	☐ Flemish
Name of N	ATO CHARITY BAZAAR AS	BL N	lember Cont	act: Mrs. Iren	a Vaiksnorien	<u>e</u>
Email Addre	ess:birenav@gmail.com			_Telephone Nu	mber: 047:	5/898135
Geographi	c Location of the Project (լ	orovi	de city, state	and country):	Vilnius, Lithu	uania
Focus of P	Project:					
	Health		Women		□ People wi	ith
	Environment		Children		disabilit	ies
	Education		Seniors		□ Other	

## **FINANCIAL INFORMATION**

Complete this form by either filling in the information electronically or printing out the form and filling it in by hand. If filling in by hand, please PRINT. We prefer material submitted electronically. However, if that is impossible, then you may submit by mail.

PROJECT BUDGET
Total Project Cost € 3496 EUR
Will the Project be completed within a 12-month time frame?
If YES, Project time frame: $01/2012$ to $11/2012$
Amount Requested: € 3496 EUR
Are you approaching other funding sources for this project? YES _x_ NO
If YES, for how much of the project budget?
If we can only fund part of the project, specify the smallest amount required to make this project viable: € 2355 EUR
BANKING

#### PROPOSAL SUMMARY

Is the name of the Proposed Project different than the name of the Organization? x YES NO

If YES, what is the name of the Project?

Providing aid to the poor unemployed women and their children

**State Your Organization's Mission** (2 sentences or less. Provide text **in English and French.** Application is considered incomplete if the information is not provided in both languages):

Vilnius Archdiocese Caritas mission – to address charity and social issues in Vilnius Archdiocese.

The mission of the child and teenager day centre Angle of Hope, a sub-division of Vilnius Archdiocese Caritas, is to provide social services based on Christian values to children from families at social risk and to their parents.

La mission de Caritas d'archidiocèse de Vilnius est de résoudre les problèmes sociaux et caritatifs.

Le centre de jour pour les enfants et adolescents « Ange de l'espoir » (unité de Caritas d'archidiocèse de Vilnius) a pour mission d'offrir des services sociaux fondés sur les valeurs chrétiennes pour les enfants des familles à risque social et pour leurs parents.

**Summarize the proposed project** (4 sentences or less. Provide this text **in English and French.** Application is considered incomplete if the information is not provided in both languages).

The project aims at providing social and spiritual aid to women in a condition of a crisis (long-term unemployment, lack of permanent housing, extremely poor living conditions, being addicted to alcohol, suffering from mental impairments, low self-esteem, feeling despair and being socially excluded) and supporting them to return back to the labour market and integrate into the society. To this end, individual consultations provided by a social worker (providing information, raising women's motivation in looking for a job, mediating, representing, etc), workshops fostering women's work skills such as handmade cards production workshops, cookery workshops, self-help groups and other educational events are planned. The project is based on the theory of "perspective of strengths", which maintains that every person possesses internal and external resources that are necessary to overcome a crisis. Working with a woman, a children's mother, who very often is alone in bringing up her children, it is possible to maintain a family which is the main institution for a child's growth and development.

Le projet consiste à offrir une aide sociale et spirituelle aux femmes qui souffrent d'une crise (qui sont chômeuses de longue durée, n'ont pas de logement permanent, soufrent des conditions de pauvreté, dépendance de l'alcool, qui ont des problèmes de santé mentale, faible estime de soi, qui subissent le désespoir et l'isolement social), les aider à s'intégrer dans le marché du travail et s'intégrer dans la société. On poursuit ce but au moyen des consultations individuelles de travailleur social (fourniture d'information, motivation pour la recherche d'emploi, médiation, représentation etc.), de la formation professionnelle : elles font des cartes, la culinaire, elles participent dans le groupe d'aide mutuelle. On est basé sur la théorie de « point de vue des points forts », c'est-à-dire que chaque personne a les ressources externes et internes pour faire face à la crise. Si on travaille avec une femme, une mère des enfants qui élève les enfants seule, on peut préserver la famille comme institution la plus importante pour la croissance et le développement de l'enfant.

Attach 2 digital photographs of your organization and its work. If your organization is deemed eligible for funding, these pictures will appear on our web site.

#### **FUNDING PROPOSAL NARRATIVE & ATTACHMENTS**

On a separate sheet, please provide the following information. We prefer material submitted electronically. However, if that is impossible, then you may submit by mail. If submitting material by mail, then copies of requested material should be attached.

# I. Organization Information

1. Brief Summary of Organization's history and mission.

Vilnius Archdiocese Caritas, having started activities in 1989, continuously grew each year, increasing impact areas, territorial coverage, working staff, adjusting programs. In 1990, Social Service was established, where volunteers accept charity from the community and distribute it to those in need. In 1994, the Child and teenager day centre Angle of Hope was established which works with children from families at social risk and their parents. In 1996, Mother and Child Shelter was established for pregnant women and woman having babies up to one year old. 1998 saw the start of activities for the refugees. In 1999, a shelter was established for the homeless. In 2006, some new divisions joined Vilnius Archdiocese Caritas: Centre for Handicraft Teaching, designed for the young people who have difficulties in adapting in other schools, the charity canteen Betanija. Since 2006, Caritas activities have expanded to regions, rural areas, focusing on children from families at social risk, ex-prisoners, the sick and lonely persons, etc. A regional Caritas network has been established that connects 25 parishes of the archdiocese into an interacting system.

2. Description of current programs, activities, and strengths/accomplishments (highlighting the past year), including what makes your organization unique.

Vilnius archdiocese Caritas constantly provides support for people in difficulties and crisis (children from families at social risk, social risk families, persons at social risk: the unemployed, homeless, ex-prisoners, young people who drop out of schools, refugees, etc.). In 2010, support was provided to 25 thousand adults and 489 children.

The child and teenager day centre Angel of Hope has sufficient experience and has implemented a system of work with families in crisis, which is constantly updated. The projects carried out by the day centre receive positive evaluation form Vilnius Municipality Social Assistance Division, Division of the Protection of the Rights of the Child, schools of the children and the clients themselves (as witnessed by evaluations of the projects carried out with participation of employees, volunteers, clients). In 2007, the child and teenager day centre Angel of Hope was recognised by the Ministry of Social Security and Labour of the Republic of Lithuania as a methodical centre, capable of implementing the programs carried out and conducting training for employees of other organisations. Currently, the child and teenager day centre Angle of Hope guides, consults and organises trainings for 8 other Caritas child day centres of Vilnius Archdiocese. It also conducts researches, issues methodical publications.

# Strengths:

- the spiritual, material support of Vilnius Archdiocese, as a founder, ensures the continuity of the activities, implementation of obligations to the clients and funds, employees formation and support;
- Caritas activities based on Christian social teaching have a strong moral basis for the provision of person-oriented social assistance. The principle of personal dignity and solidarity as well as the model of multiperspective assistance to a person ensures an integrational space in a community. A widely applied

subsidiarity principle enables a client, a volunteer and a staff member to act on the basis of a personal and group responsibility;

- active cooperation with governmental and non-governmental organisations in carrying out joint projects and creating support networks;
- experienced and competent employee team, a large volunteer group.

## **II. Purpose of Funding Request**

1. Please explain your need for support and also the impact this support will have.

There will be 18 women in the project, who are affected by unemployment (74 per cent), having mental, emotional problems (100 per cent), alcohol dependency (54 per cent), health problems (34 per cent), living in poverty, it means lack of permanent housing (24 per cent), having debts for public utility bills (94 per cent), etc., they lack working skills, have low self-esteem, communication problems, often feel hopeless, are in social isolation.

There grows 54 children in these women families, who also feels crisis and difficulties which has struck the family. It is necessary to work with women, children's mothers, on purpose to save a family in which children could grow and develop.

#### Project results.

- 1. Reduced poverty and its effects on the family (6 10 women employed).
- 2. Acquisition of social skills (18 women).
- 3. Conditions and motivation created for treatment from addictions (3 5 women).
- 4. Increased self-confidence, feelings of shame and self-depreciation are overcome or reduced.
- 5. Trained to find family internal and external resources, needed for solving the crisis.
- 6. Acquisition of knowledge needed for successful functioning of the whole family: family budget management, mastered ability to make use of information sources, etc.

<u>Experience</u> has shown that when enabling and intensive assistance is provided on a regular (i.e., weekly) basis, women gain motivation to seek changes in the family, to change their lives and negative habits, file for social benefits, find a job, put in order their living conditions, start treatment from addictions, etc.

2. List the Proposal's Target Population. In other words, exactly who and how many people will benefit from this project?

#### Activity plan.

- <u>Individual consultations of a social worker.</u> In solving the existing family problems, internal and external family resources are sought, assisstance is provided in family budget planning, filling out the neccessary documents for social benefits, motivation is provided for job search; families are taught to solve conflicts that arise due to constant stress, consultations are given on the issues of child upbringing, responsibility is fostered, time planning is taught, etc.
- <u>Family visitations</u> the aim is to develop a better relation with the family, to get acquainted with the living environment of the family, the existing resources.
- <u>Working skills development making cards.</u> During these activities, women make cards from dried flowers and at the same time learn simple, but very important work skills, e.g., to come to the activities on time, to carry on with the work started until it is finished, to put in order the working place, to attend the activities regularly, etc. Also, targeted efforts are directed towards job search. At the same time, activities ensure material support for the family, when the money received for the cards sold is distributed to the women. The activities take place 1-2 times per week, homework assignments are given.

- Working skills development cooking activities. During these activities, mothers are trained to cook; they are also invited to share their experience, discoveries in making cheap food. In this way habits of working, cleanliness and housecleaning are developed. A psychologist participates in the process who shapes the group process, teaches communication and group working skills. Activities take place 1 time per month.
- <u>Parents self-help group</u>. The goal is to reduce social exclusion of the families, to widen the social relations network, to share experiences on child upbringing, to help restore self-confidence and hope about full-fledged life in the society. The group meets 2 times per month.
- <u>Educational events:</u> once a month an event for the whole family takes place, we celebrate together the New Year, Easter, Mother's Day, Christmas, etc.
- <u>Cooperation with other institutions:</u> Municipal Social Support Centre, Children Rights Protection Service, Labour Exchange, healthcare institutions, nongovernmental organisations working with children and families, etc.

Activity	Comments
1. Individual work with a family:	Every or every second week, depending on
- consultations of a social worker,	family situation (18 women).
- family visitation a home,	
- mediation, representation,	
- provision of information, direction,	
- cooperation with other institutions.	
2. Group activities:	
- parents self-help group,	2 times per month (10-12 women)
- working skills development:	
making cards,	1-2 times per week (8-10 women)
cooking activities	1 time per month (12-14 women)
3. Educational events	Events one time per month.

# III. Itemization of Project Budget

1. Provide an itemized budget for the project.

Expenditure	Amount
Supplies for working skills development – making cards activities:	
- paper (200 units x 1,10 EUR)	220 EUR
- envelopes (6400 units x 0,18 EUR)	1152 EUR
- glue (30 units x 3 EUR)	90 EUR
- a paper cutter	139 EUR
Total:	1601 EUR
Supplies for working skills development – cooking activities:	
- 1 frying-pan, 3 pots, 30 cups	164 EUR
- household products (garbage bags, sponges, dishwashing liquid, etc.)	180 EUR
- food products for cooking (10 times x 41 EUR)	410 EUR
Total:	754 EUR
Inventory:	
- a shelf for items used in working skills development activities (2 units)	
- a shoe storage unit (2 units)	150 EUR
- chairs (10 units x 17,4 EUR)	93 EUR
- a kitchen cupboard in a canteen where mothers have cooking activities,	174 EUR
food for children is prepared (2units)	

	724 EUR
Total:	1141 EUR
TOTAL:	3496 EUR

2. Please indicate your **order of importance** for funding, if there are separate parts to the project.

Funding in order of importance: 1. Supplies for working skills development – making cards activities.

- 2. Supplies for working skills development cooking activities.
- 3. Inventory.

# IV. Attachments (If possible, all attachments should be in English and/or French)

- 1. Bank statement giving official details of the bank account, including IBAN, BIC, SWIFT codes or ABA/Routing Transit Number (USA). No donation shall be made to a personal account.
- 2. Organization statutes.
- 3. Annual financial report.
- 4. Two (2) digital photographs of your organization and its work. If your organization is deemed eligible for funding these pictures will appear in our annual booklet.
- 5. When the project is finished, you are requested to send receipts for items purchased and photographs of the completed project.

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